



NEWS OF THE UNITARIAN UNIVERSALIST CHURCH OF READING

December 27, 2012

Worship Services

SUNDAY, DECEMBER 30, 2012

"Responding To What Life Gives Us"

Betsy Tabor, Intern Minister

9:15 AM and 11:00 AM

We are wired to open our hearts and give to one another. Join us in this service about the spiritual practice of everyday giving. Music: Bill Grace Vocalist 9:15 and 11:00 AM

9:15 AM Service

Please volunteer:

[Click here to sign up for Busy Boxes](#)

[Click here to sign up for Coffee Maker\(s\)](#)

[Click here to sign up for Usher](#)

[Click here to sign up for Welcome Table](#)

Time	Role	Name
09:15 AM	Altar Flowers	Poinsettias from Our Members and Friends

11:00 AM Service

Time	Role	Name
11:00 AM	Coffee Maker(s)	Dakota Raine
11:00 AM	Usher	Jane Jolkovski
11:00 AM	Usher	Dan Jacobs
11:00 AM	Welcome Table	Dakota Raine

SUNDAY, JANUARY 6, 2013

"To Boldly Go: A Service for a New Year"

Rev. Tim Kutzmark

9:15 AM and 11:00 AM

Join us as we look back at what was, and look ahead to what could be. As part of our service for the New Year, we will have our annual lighting of candles for friends and families who died in 2012, and we'll celebrate the many babies born into our congregation as well. Tim will preach a sermon about claiming the freshness of the New Year. Music: 9:15 Rose McAuley, vocals; 11:00 AM-Rose McAuley, vocals, and UUCR Choir

SUNDAY, JANUARY 13, 2013

"What Is Spirituality?"

Rev. Tim Kutzmark

9:15 AM and 11:00 AM

We talk a lot about spirituality. Some of us are hungry for spirituality. Many of us say we are on a spiritual journey. Others of us say we are spiritual but not religious. What is spirituality? Is it real? How can you find it? Music: 9:15-Classical piano with Jennifer Maxwell; 11:00 AM-The UUCR Choir

SCHEDULE OF WORSHIP SERVICES

Sundays

9:15 and 11:00 AM

Nursery care, playschool and all children's Faith Development during 9:15 service only.

Our full service schedule can be found on our [Upcoming Services page](#).

Please consider volunteering to help out at a worship service on our [Volunteer Signup page](#).

Worship Notes

NEXT SECOND SUNDAY IS JANUARY 13TH

Hello Folks!

Relax with others for a meal and then enjoy an circle of spirit and friendship, themed activity, and a great discussion. Sign up by January 10th (Thursday) [HERE](#), or through our Director of Faith Development, Anne Principe by clicking [HERE](#).

This time for all ages and stages is for singles, couples, families, children, youth...you! You are encouraged to bring a friend.

CARING AND SHARING COORDINATOR

The caring and sharing coordinator for the month of December is Sharlene Reynolds-Santo who can be reached at 781-942-1848 or click [HERE](#) to email her.



Director of Faith Development's Messages - The 2012 Chapter



In the month of December, many peoples from around the world are in a state of holy anticipation... waiting for celebrations, waiting for remembrances, waiting for magic, waiting for healing, and no doubt – waiting for light.

Whatever day you may infuse with meaning and a standing still, like the sun on the winter Solstice, we ring in a new year trying to intentionally position ourselves to reflect and to hope. What might we write onto our personal pages of history that we want to capture about the year Two Thousand and Twelve? What story might be told? Who did we meet? Who did we lose? What fed us in a deep way? It is only after we reflecting on the highs and lows, joys and sorrows, gains and losses from any marked period of time or experience that we can convert our insights into fertile, hopeful, robust intentions for what's next.

How are you looking forward to in the year Two Thousand and Thirteen? If you could do one thing different, what might it be? If you could try one new thing, what might happen? What steps do you need to take to manifest a dream however small, humble? What do we know about what children and youth dream of?



While parents have multi-tasked a sort-of vacation along with persisting daily tasks, our "younger generation" has likely had time off from their routines. For Unitarian Universalists, coming to church, weekly, can be regarded as a routine, a spiritual routine. It is the time when we regularly **connect** with our inner self for centering, it is the place where we **engage** with others to nurture special relationships based on a common quest for truth and meaning, and it is the **way** that we discover how we will manifest our deeply held values and passions to have an impact on our larger community.

On January 6th, Faith Development Explorations resume with gusto. Our Faith Development ministries represent the commitment we make to ensure that our story can be woven into our past, present, and future. Teams of teachers – spiritual guides – are getting ready to

either past the torch or receive it. In addition to the Sunday morning "program," there are many, many ways for adults to spend time with other aged congregants. *I warmly invite you to consider how you might take the time to connect with another age in ways that help to tell and share our story.*

Coming up for All Ages:

January 6th:

- 9:15 AM Faith Development Explorations resume for all ages
- 10:45 AM Teacher Brunch for Term 1 and Term 2 Teams

January 12th:

- 8 AM - 4 PM Women's Spirituality Retreat
All women of the greater UUCR community are invited to partake in a day of reflection, exploration, and sharing. Anne Principe, Director of Faith Development, will facilitate this time to come together. Sorry, no late arrivals, early departures. [\$ 20 for members; \$ 30 non-members to cover the cost of refreshments, lunch, and materials] Sign up by clicking [HERE](#) by January 8.

January 13th:

- 9:15 AM Faith Development Explorations
- 5 PM - 7 PM Second Sunday for All Ages
Be a part of our chalice of community spirit, share a meal, a themed-activity and meaningful discussion. Sign up by clicking [HERE](#) for the next Second Sunday!

January 16th:

- 7 – 8:30 PM Third Wednesday session for OWL and COA Youth

January 20th:

- 9:15 AM Faith Development Exploration -- Just/Us Multi-age Activity

January 27th:

- 9:15 AM Faith Development Explorations

Adult Enrichment

HUNGRY FOR CHANGE - STARTING JANUARY 6, 2013

Hungry For Change
Sunday Evenings, 6:30 PM to 8:00 PM
January 6 through February 3, 2013
Facilitator: Tricia Schwartz

Hungry for Change explores the true meaning of the phrase "you are what you eat." This 6-week discussion course challenges participants to examine their roles, not only as consumers of food, but also as creators -- of food, of systems, and of the world we all live in. Each session includes readings, short assignments and accompanying discussion questions that address the impact of individual food choices on a range of issues, including ecosystem health, the treatment of factory and farm workers, and the global economy. Hungry for Change helps participants commit to lasting change by developing and sharing personal Action Plans with each session. Purpose: To explore the interconnected nature of food systems and our relationships to them. To examine the impact our food choices have on our health, the health of others and the health of our planet. To consider the ethical and political implications of our current food system and our personal food choices.

Please sign up by clicking [HERE](#).

WOMEN'S SPIRITUALITY RETREAT: A DAY OF SILENCE, LAUGHTER, CREATIVITY, SPIRIT

January 12: 8 AM to 4 PM

All women of the greater UUCR community are invited to partake in a day of reflection, exploration, and sharing. Anne Principe, Director of Faith Development, will facilitate this time to come together.

Sorry, no late arrivals, early departures.

\$ 20 for members; \$ 30 non-members (to cover the cost of refreshments, lunch, and materials).

Please sign up by January 8 by clicking [HERE](#).



NOURISHING A HEALTHY RELATIONSHIP WITH FOOD AND YOUR WEIGHT - BEGINNING JANUARY 9, 2013

10 Sessions on Wednesday evenings beginning January 9, 2013

6:30 pm - 8:30 pm

Loring 103

The purpose of this group is to offer education, skill development and coaching support to individuals seeking to create a healthier relationship with food and weight. The program includes weekly 60-90 minute group sessions for ten weeks. Mindfulness-based practices (meditation, informal mindfulness practices), complementary approaches to managing eating behaviors (emotional freedom techniques and hypnosis), group discussion and education regarding nutrition and exercise are the core components of the program.

A commitment to attending all sessions is requested, as well as a fee to cover expenses for the program. To learn more about this group contact Paula by phone (617-835-7087) or email by clicking [HERE](#).

Terry Courier is a personal trainer, hypnotherapist, Emotional Freedom Techniques (EFT) practitioner and yoga teacher. Paula Koppel is an integrated health coach and nurse practitioner who also facilitates mindfulness training.

Please register by signing up, by clicking [HERE](#); or by contacting Paula by phone (617-835-7087) or email by clicking [HERE](#).

UU BASICS - SUNDAY, JANUARY 27, 2013

Unitarian Universalist Basics

Sunday, January 27, 2013 from 12:30 PM - 4:30 PM

What do Unitarian Universalists really believe? Would you like to learn more about Unitarian Universalism? Join other folks new to the church community for this interactive and informative introduction to our faith and church community. You'll get to spend time with Rev. Tim, Amy Burton, our Member Services and Volunteer Coordinator, and other special guests. Together we will learn, connect and maybe even have a little fun! We offer lunch and childcare as part of this condensed course. Registration is required so please click [HERE](#) to sign up for this session or you can also contact Amy Burton at 781-944-0494, ext. 104 or click email Amy [HERE](#) with any questions!

WHAT DO I WANT TO DO WITH THE REST OF MY LIFE? - FEBRUARY 23, 2012

What Do I Want To Do With The Rest of My Life?

Saturday, February 23, 9:00 AM – 1:00 PM

Facilitated by Ann McClorey Fisher

Are you at that point in your life when you're stepping back – taking stock of where you've been and thinking about what lies ahead? Are there interests that you yearn to pursue? Are there changes – big or small – that you want to make? Is the life you're living in alignment with your passions and principles? Join with others for a morning of personal exploration. Using exercises involving private reflection and group conversations, we will clarify values, articulate dreams and make commitments aimed toward creating lives of passion and purpose.

Please sign up by clicking [HERE](#).

For more information about this program, contact Ann McClorey Fisher by clicking [HERE](#).

INTERGENERATIONAL BOOK CLUB MEETS FEBRUARY 27, 2013 TO DISCUSS THE BOOK "RULES"

The next meeting of the Intergenerational Book Club takes place on Wednesday, February 27, 2013 from 4:00 PM to 5:00 PM in Loring House, Room 101. Our next book is "Rules" by Cynthia Lord.

What 12 year old child doesn't want to just have a *normal* family? Just what is normal? Catherine is dealing with just that in a family that revolves around the needs and often inappropriate behaviors of her younger autistic brother, whom she cares deeply about, yet is frequently embarrassed by. Catherine forms an unlikely friendship with a boy named Jason, who leads her take a close look at herself, her family, her brother, and almost anyone with disabilities in a whole new light.

Please Join us! Snacks will be served.

Please sign up by clicking [HERE](#).

For further information, please contact Diane Chapin by clicking [HERE](#) or Beth Brauer by clicking [HERE](#).

News

Choir

BENJAMIN BRITTEN'S A CEREMONY OF CAROLS - AUDIO PODCAST

From all of us who make music, may we wish you the very best of times with all of those you love. To make your season a little brighter we would like to share with you our performance of Benjamin Britten's A Ceremony of Carols. [[Click to download](#) in MP3 format]

Greetings & Happy Holidays from Mark Bennett, Jennifer Maxwell and all the members of the UUCR Choir! Best wishes for all good things to come to each of you in the New Year!

Green Sanctuary

NEW RECYCLING INITIATIVE BEGINS - RECYCLE THOSE OLD CHRISTMAS LIGHTS!

The Green Sanctuary Team will be collecting non-working Christmas light strings for recycling. They can be left on the porch of Loring House November 25th through January 6th. Please remove large light bulbs.

Ivy Chord Coffee House

CALLING ALL IVY CHORD BAKERS

Any extra treats at your house from all those extra holiday desserts? Would you consider freezing them and contributing them to John Gorke's performance at the Ivy Chord Coffee House, scheduled for January 26 at UUCR? We need bakers. Let me know if you can contribute. Contact Beth Murray by clicking [HERE](#) or by phone at 781-229-9394.

P.S. Ivy Chord tickets can be purchased online [HERE](#)

More News

SNOW CANCELLATIONS

Should it be necessary to cancel worship services/Faith Development at the UUCR due to inclement weather this winter, the cancellation announcement will be posted on the WBZ Storm Center. Please log on to www.wbz1030.com Cancellations will be broadcast via a scroll also on WBZ-TV and CBSBoston.com.

More News

NEEDED IMMEDIATELY: LEADER FOR UUCR GARDEN GROUP

"A garden should make you feel you've entered privileged space -- a place not just set apart but reverberant -- and it seems to me that, to achieve this, the gardener must put some kind of twist on the existing landscape, turn its prose into something nearer poetry."

— Michael Pollan, *Second Nature: A Gardener's Education*

While our church may not have the nicest lawn in town, we are justifiably proud of the landscaping of our various planting areas. Look around our grounds some time and you'll see beautiful plantings adorning our pathways and border areas. As you can imagine, these did not just plant and grow themselves. They are there as a result of the efforts of several of our members who have worked often below the radar screen for years helping our campus to look as nice as it does. Most recently, our Garden Group has been led by Whitney Perkins who has had to step away due to other commitments. We now need someone interested in putting their own "twist" on our existing landscape...to come forward to pick up Whitney's pruning shears and coordinate this committee for us. While a complete job description is available, most of the responsibility entails organizing and coordinating the efforts of a small group of volunteers who can sustain what we have and use our much-too-small budget to make some gentle improvements each year.

If interested, please contact Mark Taitz and David Kay by clicking [HERE](#) and we can give you a better idea of what's entailed.

More News

MISSING TABLE

Have you borrowed or seen a small oak table that belongs in the narthex at church?

Bill and Carolyn Grace purchased and finished this little table specifically for a small area of our Woburn Street entryway several years ago when our elevator was installed. It was part of the refurbishing of the narthex and we would love to see it back in its place. We think that it went missing this past September.

If you have any information please call Bill and Carolyn Grace at 781-944-9353 or let the church office know [HERE](#)

Upcoming Events

December 29, 2012 8:00 am - 10:00 am
Men's Group (Lor-K)

December 30, 2012 9:15 am - 10:15 am
Worship Service (Sanctuary)

December 30, 2012 11:00 am - 12:00 pm
Worship Service (Sanctuary)

December 30, 2012 12:30 pm - 2:00 pm
SHYP (Lor-103)

January 3, 2013 7:30 pm - 9:00 pm
Mom's Book Group (Lor-101)

January 3, 2013 7:30 pm - 9:00 pm
Choir (Sanctuary)

January 6, 2013 9:15 am - 10:15 am
Worship Service (Sanctuary)

January 6, 2013 10:30 am - 12:00 pm
FD Teacher Bruncheon (CH)

January 6, 2013 11:00 am - 12:00 pm
Worship Service (Sanctuary)

January 6, 2013 12:30 pm - 2:00 pm
Pastoral Care Team (CH)

January 6, 2013 4:30 pm - 8:30 pm
COA Class (Lor-205)

January 6, 2013 6:30 pm - 8:30 pm
SHYP (Lor-103)

January 7, 2013 2:00 pm - 4:00 pm
Handicraft Group (Loring-101)

January 7, 2013 7:15 pm - 8:15 pm
Buddhist Meditation (FH)

January 7, 2013 7:30 pm - 9:00 pm
Property Comm. (Lor-103)

January 7, 2013 7:30 pm - 10:00 pm
Governing Board (Lor-101)

January 8, 2013 7:15 pm - 9:15 pm
Worship Arts Team (Lor-101)

January 8, 2013 7:30 pm - 9:00 pm
Partner Church Comm. (Lor-103)

January 9, 2013 10:30 am - 12:00 pm
Liberal Ladies (Lor-101) (Lor-102)

January 9, 2013 6:30 pm - 8:00 pm
"Nourishing a Healthy Relationship with Food and Your Weight" (Lor-103)

For more upcoming events, visit our Calendar by clicking [HERE](#).

Ivy Chord Concerts

JOHN GORKA ON SATURDAY, JANUARY 26, 2013



Energetic, acoustic folk

"Listening to him sing, one can get goose bumps all over. There are many reasons—fresh lyrics, a stunning emotional baritone, his twisted humor ..." *New York Times*

Saturday, January 26, 2013

8:00 pm

Tickets:

\$ 25 general admission

\$ 23 students/seniors

Buy tickets for this concert online.

From Ben Wakeman, Take Me To the Bridge:

There are few contemporary songwriters that come anywhere close to the talent of John Gorka. His songs have a way of working on you long after you thought you had it all figured out. I will listen to a song that I know all the words to and can sing along with and then one day sitting at a traffic light I realize that there was a whole other layer of meaning that I had missed.

In 1984 John Gorka won the prestigious Kerrville New Folk competition. He has over ten albums to his credit. John is a songwriter's songwriter and his songs are championed by an amazing circle of artists including Nanci Griffith, Mary Chapin Carpenter, David Wilcox and many more.

MATT & SHANNON HEATON ON SATURDAY, APRIL 13, 2013



"Their playing is masterful and inventive, their arrangements city-smart and spacious. Still, they never forget that Irish music is, at its heart, a neighborly form meant for sharing, not showing off." — Scott Alarik, Boston Globe

Saturday, April 13, 2013

8:00 pm

Tickets:

\$ 16 general admission

\$ 14 students/seniors

Buy tickets for this concert online.

Musically speaking, the Heatons play the heck out of their instruments (Irish wood flute/accordion, guitar/bouzouki). After years of study in Chicago, and many nights of music in Clare, Galway, and their adopted home of Boston, Irish Music Magazine's John O'Regan wrote, "their duet playing is tight, sweet, and tasteful, lacking nothing on either technical expertise or instrumental virtuosity."

As for their singing, when Matt and Shannon perform centuries-old songs, it feels current, conversational. They make traditional music relevant to American audiences. O'Regan wrote "songwise [there are] hints an older domestic sound, the familiar down home harmonies of The Carter Family and Tim and Mollie O'Brien."

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